# Weekly Word

## Cross Talk 2013

If you ordered a cross, they are available after worship this Saturday in the Gathering Place and Sunday in the Narthex or in the church office during the weekdays from 8 a.m. to 4 p.m.

## **Spring Break**

**Saturday, March 16**No Grace Place.

## Sunday, March 17

No Grace Place or youth educational times.

#### Wednesday, March 20

No Faith Alive Youth are invited to Contemporary Interactive Worship at 6:45 p.m.

### Weekend of March 23-24

All children and youth educational times will be held.

Wednesday, March 27

No children or youth activities.

## **Holy Week**

# Maundy Thursday with Communion, March 28

Traditional at 12:15 p.m. Traditional at 6 p.m. Blended at 7:30 p.m.

### Good Friday, March 29

Traditional at 12:15 p.m. Contemporary at 4:30 p.m. Traditional at 6 p.m. Blended at 7:30 p.m.

## **Easter Worship**

#### Saturday, March 30

Contemporary at 5:30 p.m. Blended at 7 p.m.

#### Sunday, March 31

Traditional at 8 a.m. Blended at 9:30 a.m. Contemporary at 10 a.m. Contemporary at 11 a.m. Bringing Jesus Christ to people for the first time and for a lifetime!



A voice from the cloud said, "This is my Son, whom I love; with him I am well pleased.
Listen to him!". Matthew 17:5b

# No Ordinary Man: Jesus, the Son of God

Whenever you take on a new responsibility, whether it is career, family or hobby-related, you usually get a description of what is required. Take your current position, whether volunteering or paid, you probably have a description of the essential requirements.

Likewise, we begin chapter 25 with Jesus defining the prerequisite of being the Son of God:

He then began to teach them that the Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and that he must be killed and after three days rise again. He spoke plainly about this... Mark 8:31 and 32a

With eyes wide opened, Jesus knew of the shame, the pain and the death which was awaiting Him. He is the Son of God, who gave His life for us. What a Lord! What a Savior!

# Ways to be Involved in the Easter Services

We are anticipating a joyous time as we celebrate the risen Lord during our Easter worship services. To be gracious hosts to more than 2,000 worshippers, we need your help. Please review the following top-ten list:

Celebrate Easter with us!

- **1. Pray** Touch lives by praying for each worshipper.
- **2. Parking** Utilize the shuttle service from the Urbandale Middle School (7 a.m.-12:15 p.m.)
- **3. Hospitality** Help with the services by signing up to be a greeter or usher. (Contact the church office.)
- **4. Invitation** Invite a neighbor, friend and co-worker.
- **5. Chairs** Help set-up or tear-down chairs before and after the 9:30 a.m. service.

In addition to the postcards mailed to your house, we have enclosed an extra postcard in today's Weekly Word for you to be able to invite your friends.

Gloria Dei Lutheran Church 8301 Aurora Ave. | Urbandale, Iowa | 276-1700 | www.gloriadeionline.

Join us as we celebrate the resurrection of our Lord, Jesus Christ He meets us where we are and gives us a new life.

- **6. Introduction** Introduce yourself to someone new at one of the worship services.
- 7. **Golf Carts** Tune up your golf-cart skills and offer to help with transportation in the parking lot (Saturday night or Sunday morning).
- **8.** Food Stop by the room next to the kitchen if you are helping and enjoy!
- **9. Involved** Attend the service of your choice and engage in the worship of our resurrected Savior!
- **10. Notification** Send an e-mail to office@gloriadeionline.com if you would like to help. We'll contact you with all the details. Thanks for making our guests feel comfortable!



# This Week! Spring Break VBS

Monday-Friday, March 18-22 from 9-11:30 a.m.

We are ready to rock-n-roll for Jesus! Are you? If you have not registered, please do so today at www.gloriadeionline.com. And don't forget to invite your neighbors!

# **Senior Adult Ministry - A Matter of Balance**

Mondays and Wednesdays, April 3, 8, 10, 15, 17, 22, 24 and 29, from 1-3 p.m.

A Matter of Balance can help reduce the fear of falling and increase the activity levels of older adults. This eight-session class, facilitated by the Polk County Health Department, will be held at the church. Cost is \$20. Space is limited. To register, contact Diane at diane@gloriadeionline.com or at 276-1700, ext. 220.

## 30 Hour Famine

Friday, April 5 and Saturday, April 6

Every year, hundreds of thousands of students in the U.S. and around the world unite around the 30 Hour Famine. They learn about hunger, raise funds

to help the hungry, and then go hungry themselves.

In the past nine years, our youth have collected over \$80,000—this year's goal is \$10,000.

In addition, they plan to collect canned foods and paper products for Freedom for Youth and assist with clean up of homeless camps through Joppa Ministry.

As a church, we can support our youth by giving financial donations after worship services on Saturday, April 6 and Sunday, April 7.

Gloria Dei Lutheran Church 8301 Aurora Ave. Urbandale, Iowa 50322 515-276-1700

Church office hours:

Monday-Friday 8 a.m. - 4 p.m. **Rev. Ronald Burcham** 

Senior Pastor

rburcham@gloriadeionline.com

Rev. Timothy Phillips

Director of Congregational Care tphillips@gloriadeionline.com

Rev. Philip Robarge

Director of Adult Ministry probarge@gloriadeionline.com

Governing Board

govboard@gloriadeionline.com

Visit us on:

twitter/gloriadeionline facebook.com/gloriadeionline Youtube.com/gloriadeionline

Need help?

**Stephen Ministries** 

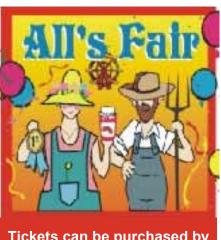
We have trained individuals to help you in every season of life. Contact Pastor Phillips at tphillips@gloriadeionline.com.

# Youth Presents: "All's Fair - Noah County Fair"

Friday, April 19 at 6:30 p.m., Saturday, April 20 at 6:30 p.m. and Sunday, April 21 at 4 p.m.

Gloria Dei youth will present "All's Fair - Noah County Fair. Tickets (\$10 for adults and \$8 for children under 10 and adults over 55) can be purchased by contacting Lisa Gibson at lisa@gloriadeionline.com.

Overview: It is time again for the county fair in Flat Rock, Texas! In between the jelly judging, local politicin' and some extraordinary spoon playing, folks can see "Nature's Boo-Boos," an exhibit where teenager Tommy Rogers feels right at home, especially when he tries to do "Shakespeare in the Park." Meanwhile, the Ladies' Auxiliary is hoping to collect funds for a hedge around the courthouse to keep all the dogs from frequenting it, while school supporters have set up a fortune-telling booth for money to get the school bus repainted yellow instead of camouflage because, "The bus sits there waitin' fer the kids and they can't find it!" This riotous but loving look at country life is chock-full of wisecracks, especially from the town gossips. So kick off your shoes, pick up a cup of lemonade and join us at the fair!



Tickets can be purchased by contacting Lisa Gibson at lisa@gloriadeionline.com.

# **Items Needed for Honduras 2013**

Items needed for the Honduras collection are: Children's chewable vitamins (no gummy vitamins), Adult vitamins (no gummy vitamins), Acetaminophen 500 mg, Ibuprofen 200 mg, Loratadine 10 mg, Antacid tablets (Tums or Maalox), Zantac or Pepcid, Naproxen, lice killing shampoo - 8 oz. bottles). Please place your donation in the Honduras bin in the Narthex.

# **Celebrating the Story**



"I hope this music helps everyone get back into the Word and dig a little deeper and see what God has waiting for you, and how it can help write your story."

Nichole Nordeman,
GMA DOVE Award winner

We have been so thankful for all the participation through the readings, the blogs, attending worship and all the conversations around the church-wide emphasis of "The Story." It's been an incredible time, don't you think?

So, we want to celebrate and we want to celebrate big! Drum roll, please! We have scheduled Nichole Nordeman, a multiple GMA Dove Award winner,



Nichole Nordeman will be offering a concert at Gloria Dei on Sunday, April 28 at 6 p.m.

including two awards for Female Vocalist of the Year, to offer a concert at Gloria Dei on Sunday, April 28 at 6 p.m. in the Sanctuary. There will be no charge to attend the concert.

To help cover the cost of the event, we are looking for 100 VIP families or businesses to donate \$100. Each VIP will be given tickets for advance seating. If you are interested in helping with the concert, please contact Bill Clark at bill@p52.org or 515-491-8543.



To listen to Nichole's music: Scan this QR code into your smart phone or visit our Web site at www.gloriadeionline.com.

## Servers

Officiant/Liturgist:

5:30 p.m. (FLC) Rev. Ron Burcham

**8 a.m. (Sanctuary)** Rev. Phil Robarge

9:30 a.m. (Sanctuary) Rev. Phil Robarge

10 a.m. (FLC) Rev. Tim Phillips

11 a.m. (Sanctuary) Rev. Ron Burcham

Preacher

Rev. Ron Burcham

**Organ** Lynn Hays

Acolytes: 8 a.m. (Sanctua

**8 a.m. (Sanctuary)**Robbie Rice

9:30 a.m. (Sanctuary) Sarah Gibson

11 a.m. (Sanctuary) Sydney Clark

Scripture verses: Matthew 17:1-13

(NIV)

Hospitality Teams 5:30 p.m.(FLC) Team One

8 a.m. (Sanctuary)
Team One

9:30 a.m. (Sanctuary) Team One

10 a.m. (FLC) TBD

11 a.m. (Sanctuary)
Team One

## Let's pray!

Prayer requests can be made on the back of the "Welcome" card located in the pews. Please indicate your prayer request and place the card in the offering plate. We have both e-mail and phone prayer chains available. Call Pastor Phillips in the church office, 276-1700, or Diane Young between 9 a.m. and 5 p.m. at 993-3870 with your request.

## **Thanksgivings**

For our families

#### For the health of

- Jack Fries
- Tanya Richards
- Carol Petersen
- Christine Watson
- Jim Schmidt
- Lyle Lawson
- Donna Smitly
- Brenda Barron
- Shirley Kramer
- Steve Crouthamel

#### And for:

- The poor and lonely
- Our students
- The health of expecting mothers and their babies
- Our families who will be traveling
- Vacation Bible School

## Prayer ministry

To join the prayer team, e-mail Pastor Phillips at: tphillips@gloriadeionline.com with your name, e-mail address and phone number.



## Three Girls + One Trip = Impact

Article by Karen Kennedy | Photos by Bill Clark

"We're 10, 11, and 12 or 4, 5 and 6" or "somos diez, once, doce, o cuatro, cinco, seis," the three girls blurted out when introducing themselves in an impoverished neighborhood in the Dominican Republic.

Kelsey Clark, age 10, grade 4; Verity Carstensen, age 11, grade 5; and Sydney Clark, age 12, grade 6, were part of a team from Gloria Dei and other churches that traveled more than 2,200 miles to help local families through

the Lighthouse Projects, a non-profit organization founded by Cristian Santiago and whose vision is to demonstrate the Gospel through acts of service.

"It was an amazing experience," says Sydney. "We got to experience something that was completely different. Here—we have everything and want more. There—they have nothing and are content."

Verity, who joined the team late through an unconventional way, was also elated that she and her mother were able to go.

"Instead of going to Grace Place, I fell asleep at church," says Verity. "I must have slept a lot because when I woke up, I noticed we were still at church and hardly anyone was around. When I asked my mom what was going on, she told me we were going to a mission trip meeting. As soon as I heard about what we would be doing, I wanted to go."

Top (l to r) Sydney, Verity and Kelsey smile in front of a local

Top (l to r) Sydney, Verity and Kelsey smile in front of a local school. Bottom (l to r) Verity, Kelsey and Sydney enjoy time with the children.

The girls worked alongside the team on construction projects for a dormitory and a house, which Sydney readily admits was "a lot more fun than PE." They also handed out candy to the local children, made worship bracelets and visited a remote village of Las Charcas, where Project 52 plans to build a baseball field.

"The children play baseball with tree twigs and bottle caps," explains the youngest member of the team, Kelsey.

They also passed out backpacks to the children at Compass School, a small neighbrhood school. Each backpack had a plastic Ziploc bag that contained crayons, pencils and a toy car. Kelsey laughs as she remembers how the children stared at the plastic bags until the girls demonstrated how to open them.

Their favorite memories were as abundant as the girl's chatter about the dormitory where they stayed, the bright pink and green small cement houses, and the trash fires in the streets. Sydney and Kelsey loved working with the school children and playing with Cristian's three children, whom they "love immensely." Verity's two favorite moments were seeing her mother in a ponytail with her baseball hat playing softball in the dirt fields of Los Charcas, and experiencing the joy in the children's face as they learned how to swim.

All three girls said the time flew by, not thinking too much about their home and friends. In fact, Verity told her mother, "she would have to pull her off of the wall to get her to go home."

But what really captured their hearts was the team's camaraderie. According to the girls, the time with the team was so sweet because everyone valued and helped each other.

Each evening the entire team would gather to talk about the day and plan for the next day's activities. Kelsey recalls, how Wayne, grandfather to the late Treye Blythe, put his arms around her one morning and expressed "seeing you on this trip is one the greatest things."

When returning home, all three girls were able to share their experience with their sixth, fifth and fourth grade classmates. When asked for any final advice, Sydney tells her classmates, "If you are ever given an opportunity to go—go! Don't hold back! Go! It's an incredible experience that will give you a new perspective."

# Gloria Dei Youth Ministry Castaway

Sundays at 9:50 & 11:20 a.m. Join us as we discuss "The Story."

## **Junior High Small Groups**

**Wednesday, March 20 at 6:45 p.m.** Join us for Contemporary Interactive Worship in the FLC. Our small groups will meet during the service. This week's topic: "I am the Light of the World". (John 8:1-41)

## Spring Retreat - "Me and the I AM"

**Friday, April 12 and Saturday, April 13**. The retreat will be held at Riverside Camp, Story City. The cost is \$30. Registration and payment deadline is Wednesday, April 3. All teens currently in grades 8-12 are invited.

## High School Bible Study

Sundays at 9:30 a.m. Join us in "The Story" discussion.

## **The Point**

Wednesday, March 20 Join us for Contemporary Interactive Worship in the FLC at 6:45 p.m. Our small groups will meet during the service. Read John 8:1-41 before you come.

## **30 Hour Famine**

Up coming dates for the ninth 30-Hour Famine are April 5 and 6, 2013.

## **Dinner Theater - Noah County Fair**

**April 19, 20 and 21 -** All acts will rehearse Sunday, March 17 at 12:15 p.m. Cast lunch to be served at noon (\$2.50 per person).

## GirlZ of Faith

## Sunday, April 7 from 6-7:15 p.m.

Girls in grades 4 and 5 are invited to a bimonthly meeting at the church. It will be a time for fellowship, Bible study, crafts, activities, snacks and tons of fun.

Please note: GirlZ of Faith will not meet on Sun. March 17 due to spring break.

## **Mid-week Meal**

There will be no mid-week meal on Wednesday, March 20 (spring break) and March 27 (Holy Week). We will resume on Wednesday, April 3: pizza pockets.

## "Oh the Places You'll Go!"

Friday, April 5 from 5-7 p.m.

Tiny Treasures is excited about their spring party: "Oh the Places You'll Go!" This is a wonderful opportunity for families of Tiny Treasures and Gloria Dei to gather together for food, fun, and fellowship. There will be various crafts and games for families to enjoy throughout the



evening, all celebrating the wonderful world of Dr. Seuss. A bounce house and a special story time at 5:30 p.m. will also be available. Come for all or part of the evening...who knew because it's up to you!

The cost per family is \$10, which will be collected at the door. Please enter the church through the west entrance by the Family Life Center and kitchen since all activities will be at that end of the building. Join us!

# Week of March 16-23, 2013

#### Saturday, March 16

(Grace Place will not be held. Happy spring break!) 5:30 p.m. Contemporary Worship Service in the

Family Life Center

#### Sunday, March 17

8:00 a.m. Traditional Worship Service in

Sanctuary with Communion
9:30 a.m. Traditional Blend Worship Service in the

Sanctuary with Communion

10:00 a.m. Contemporary Worship Service in the

Family Life Center

11:00 a.m. Contemporary Worship Service in the

Sanctuary with Communion

12:15 p.m. Dinner Theater Rehearsal

#### Monday, March 18

9:00 a.m. Spring Break Vacation Bible School

11:30 a.m. Spring Break Camp

1:00 p.m. Stephen Ministry Supervision

6:30 p.m. Men's Basketball

6:30 p.m. Stephen Ministry Supervision

#### Tuesday, March 19

9:00 a.m. Spring Break Vacation Bible School

11:30 a.m. Spring Break Camp

7:00 p.m. Encourage Each Other Women's Study

#### Wednesday, March 20

9:00 a.m. Spring Break Vacation Bible School

11:30 a.m. Spring Break Camp

12:15 p.m. Lenten Traditional Worship

in the Sanctuary

6:00 p.m. Lenten Blended Worship

in the Sanctuary

6:45 p.m. Lenten Contemporary Interactive

Worship in the Family Life Center

7:15 p.m. Gloria Dei Chorale

#### Thursday, March 21

6:30 a.m. Men's Bible Study

9:00 a.m. Spring Break Vacation Bible School

10:00 a.m. Joyful Stitchers11:30 a.m. Spring Break Camp

6:30 p.m. Gloria Dei Foundation

#### Friday, March 22

9:00 a.m. Spring Break Vacation Bible School

11:30 a.m. Spring Break Camp

#### Saturday, March 23

5:30 p.m. Contemporary Worship Service in the

Family Life Center with Communion

5:50 p.m. Grace Place

Wednesday (March 13)	Attendance		
12:15 pm. (Sanctuary)	57		
6:00 p.m. (Sanctuary)	103		
6:45 p.m. (FLC)	90		
Total	250		

Worship (March 9-10)	Attendance	Communion
5:30 p.m. (FLC)	196	132
8 a.m. (Sanctuary)	117	
9:30 a.m. (Sanctuary)	288	
10 a.m. (FLC)	66	31
11 a.m. (Sanctuary)	184	
Total	851	163

Outpouring of Love (March 9-10)				
General Fund Offerings	\$42,503			
General Fund Offering Budget	\$35,000			
3rd QTD Offering	\$305,656			
3rd QTD Budget	\$320,000			
YTD Offering Total	\$1,233,053			
YTD Offering Budget	\$1,276,000			

# Week of March 23-31, 2013

Saturday, March 23

5:30 p.m. Contemporary Worship Service in the

Family Life Center with Communion

5:50 p.m. Grace Place

Sunday, March 24

8:00 a.m. Traditional Worship Service in

Sanctuary

8:20 a.m. Grace Place

9:15 a.m. "The Story" Adult Study (Dan Snyder)

9:30 a.m. Traditional Blend Worship Service in the

Sanctuary

9:30 a.m. Senior High Bible Study

9:50 a.m. Grace Place

9:50 a.m. Castaway

9:50 a.m. "The Story" Adult Study (Chuck Corell)

10:00 a.m. Contemporary Worship Service in the

Family Life Center with Communion

10:20 a.m. Grace Place

10:45 a.m. "The Story" Adult Study (Dan Snyder)

11:00 a.m. Contemporary Worship Service in the

Sanctuary

11:20 a.m. Grace Place

11:20 a.m. Castaway

12:15 p.m. Dinner Theater Rehearsal

4:30 p.m. Archery Team Dinner

Monday, March 25

9:30 a.m. Ladies' Bible Study

9:30 a.m. Moms' Bible Study

9:30 a.m. Women's Bible Connections

6:30 p.m. Men's Basketball

6:30 p.m. Women's Bible Connections

Tuesday, March 26

2:30 p.m. Tuesday Afternoon Bible Study

6:00 p.m. Governing Board Meeting

7:00 p.m. Encourage Each Other Women's Study

Wednesday, March 27

10:00 a.m. Pastor Robarge's Bible Study

6:00 p.m. Dinner Theater Rehearsal

7:15 p.m. Gloria Dei Chorale

Thursday, March 28

6:30 a.m. Men's Bible Study

10:00 a.m. Joyful Stitchers

12:15 p.m. Maundy Thursday Traditional Worship

in the Sanctuary with Communion

6:00 p.m. Maundy Thursday Traditional Worship

in the Sanctuary with Communion

7:30 p.m. Maundy Thursday Blended Worship

in the Sanctuary with Communion

Friday, March 29

12:15 p.m. Good Friday Traditional Worship

in the Sanctuary

4:30 p.m. Good Friday Family Contemporary

in the Family Life Center

6:00 p.m. Good Friday Traditional Worship

in the Sanctuary

7:30 p.m. Good Friday Blended Worship

in the Sanctuary

Saturday, March 30

5:30 p.m. Easter Contemporary Worship Service

in the Family Life Center

7:00 p.m. Easter Blended Worship

in the Sanctuary

Easter Sunday, March 17

8:00 a.m. Easter Traditional Worship Service

in the Sanctuary

9:30 a.m. Easter Blended Easter Worship Service

in the Sanctuary

10:00 a.m. Easter Contemporary Worship Service

in the Family Life Center

11:00 a.m. Easter Contemporary Worship Service

in the Sanctuary

Children's Attendance	Saturday 5:50 p.m.	Sunday 8:20 a.m.	Sunday 9:50 a.m.	Sunday 10:20 a.m.	Sunday 11:20 a.m.	Wednesday
Preschool	13	1	14	6	6	14
Elementary	22	2	37	21	25	64
Total Children	35	3	51	27	31	78

# Welcome to Gloria Dei! We are glad you are here!

Please note: No Grace Place or Youth educational times will be offered this weekend-spring break! We encourage families to worship together before children (ages 3-grade 5) are invited to Grace Place on Saturday evenings at 5:50; Sunday mornings at 8:20, 9:50, 10:20 and 11:20. Junior high youth (grades 6-8) are invited to Castaway at 9:50 and 11:20 a.m.

**5:30 p.m. Saturday** | Contemporary Worship in the Family Life Center This contemporary service offers a unique come-as-you-are worship experience on Saturday evening. A gathering of celebration will be led by our worship team and band in the Family Life Center, inviting worshipers to lift anthems to our God. There will be time for intimacy with God, reflection on his promises and the opportunity to grow as his Word is declared.

## 8:00 a.m. Sunday | Traditional Worship in the Sanctuary

This worship service is based on traditional hymns and liturgy. The music is organ led with offerings of special music, offertories and communion hymns led by the piano. Our special music groups and choirs perform on a regular basis.

# **9:30 a.m. Sunday** | Traditional Blend Worship in the Sanctuary This service offers a blend of instruments, from piano and organ to brass and percussion. Large group choirs as well as small group vocal and instrumental

percussion. Large group choirs as well as small group vocal and instrumental ensembles offer special music. The liturgy is specifically designed to enhance the life of the believer, by supporting the current study of God's Word at Gloria Dei.

## 10:00 a.m. Sunday $\mid$ Contemporary Worship in the Family Life Center

This high-energy service offers a casual setting for those who enjoy a come-asyou-are contemporary environment. A gathering of celebration will be led by our worship team and band in the Family Life Center, inviting worshipers to lift anthems to our God. There will be time for intimacy with God, reflection on his promises and the opportunity to grow as his Word is declared via this video venue.

#### 11:00 a.m. Sunday | Contemporary Worship in the Sanctuary

This contemporary service has a unique style of its own as we combine the present day sounds of contemporary music with a worship band in the awe inspiring setting of the Sanctuary. This service includes uplifting songs of celebration as people gather together responding to our God.

## Other important items

**Nursery:** Infants to age 3. Located on the lower level with access through the doors in the Narthex. The nursery is staffed during all worship services for children ages 3 and under at no cost to the parent.

**Cry room:** Located in the southwest corner of the Narthex is a room with a full view of the Sanctuary for parents to take their small children.

## Weekly Bible reading - Matthew 17:5-9 (NIV)

While he was still speaking, a bright cloud covered them, and a voice from the cloud said, "This is my Son, whom I love; with him I am well pleased. Listen to him!"

When the disciples heard this, they fell facedown to the ground, terrified. But Jesus came and touched them. "Get up," he said. "Don't be afraid." When they looked up, they saw no one except Jesus.

As they were coming down the mountain, Jesus instructed them, "Don't tell anyone what you have seen, until the Son of Man has been raised from the dead."

## **Educational times**

Children (ages 2- grade 5)

#### **Grace Place**

Saturdays at 5:50 p.m. Sundays at 8:20, 9:50, 10:20 & 11:20 a.m.

#### Faith Alive

Wednesdays at 6 p.m.

**Youth** (grades 6-12) Times vary, check page 5.

#### **Adults**

Times vary, check pages 6-7.

#### Communion

Communion is offered on the first and third Sundays of each month during the services in the Sanctuary and the second and fourth Saturdays and Sundays during the services in the Family Life Center.

A note to our guests and visitors: The Lord's Supper is celebrated at Gloria Dei in the belief and with the confession that this Sacrament is the very body and blood of Christ (The Doctrine of the Real Presence) which is received with the bread and the wine for us to eat and drink for the forgiveness of sins and to strengthen our faith. Our Lord invites to his table those who trust his words, repent of all sin, and seek to forgive and love as He forgives and loves us. If you agree with our beliefs regarding the nature and meaning of this Sacrament and desire to commune with us, you are welcome! For the medical and/or physical needs of members or visitors, non-alcoholic wine will be in the inner circle of each communion tray and will be lighter in color than the regular wine. In addition, gluten-free wafers are available, please alert the elders before the service if possible.